

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

Women 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====						
MIAC Record: # 7.62 2014 Mallory Burnham, St. Thomas						
Name	Year	School	Seed	Prelims	H#	
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Preliminaries						
1	Jailyn Robinson	FR Hamline	7.81	7.87Q	3	
2	Jada Lewis	SO Augsburg	7.72	7.91Q	1	
3	Briana Berninghaus	JR Hamline	7.95	7.94Q	2	
4	Matilda McFerson	JR St. Thomas	8.08	7.96q	1	
5	Gabrielle Brown	SR Hamline	7.97	8.00q	2	
6	Katelyn Marciniak	SR St. Thomas	8.19	8.10q	3	9.093
7	Madison Brown	SO St. Benedict	8.21	8.10q	1	8.099
7	Anna Smith	JR St. Thomas	8.11	8.10q	2	9.098
9	Delaney McLoone	SO St. Thomas	8.17	8.14	2	
10	Sydney Klausler	FR Saint Mary's	8.11	8.16	1	
11	Grace Scott	FR Bethel (Minn.)	8.11	8.20	3	
12	Liliana Olson	FR Hamline	8.26	8.24	3	
13	Grace Zdechlik	FR St. Benedict	8.33	8.30	2	
14	Kelby Olson-Rodel	SO Bethel (Minn.)	8.52	8.35	2	
15	Reilee Schepper	FR St. Catherine	8.28	8.38	2	
16	Zahra Banks	SO Concordia-Moorhead	8.24	8.39	1	
17	Alica Schurrer	FR Saint Mary's	8.39	8.42	3	
18	Brittney Johnson	FR Gustavus Adolphus	8.44	8.45	1	
19	Adonya Gray	JR Gustavus Adolphus	8.40	8.50	1	
20	Lauren Santl	SR Concordia-Moorhead	8.45	8.53	3	
21	Samantha Mellin	JR St. Thomas	8.59	8.67	2	
22	Hannah Detlaff	JR Macalester	8.71	8.75	3	

Women 60 Meter Dash

=====						
MIAC Record: # 7.62 2014 Mallory Burnham, St. Thomas						
Name	Year	School	Prelims	Finals		
=====						
Finals						
1	Jada Lewis	SO Augsburg	7.91	7.80		
2	Briana Berninghaus	JR Hamline	7.94	7.84		
3	Jailyn Robinson	FR Hamline	7.87	7.89		
4	Gabrielle Brown	SR Hamline	8.00	7.93		
5	Katelyn Marciniak	SR St. Thomas	8.10	8.07		
6	Matilda McFerson	JR St. Thomas	7.96	8.08		
7	Anna Smith	JR St. Thomas	8.10	8.09		
8	Madison Brown	SO St. Benedict	8.10	8.16		

Women 200 Meter Dash

=====						
MIAC Record: # 25.25 2010 Shanek Telphia, Augsburg						
Name	Year	School	Seed	Finals	H#	
=====						
1	Briana Berninghaus	JR Hamline	26.12	25.51	4	
2	Matilda McFerson	JR St. Thomas	26.37	25.85	3	
3	Claire Chell	FR St. Thomas	25.99	26.03	4	
4	Delia Labatt	JR Bethel (Minn.)	26.19	26.03	3	
5	Katelyn Marciniak	SR St. Thomas	26.33	26.27	3	
6	Jada Lewis	SO Augsburg	26.71	26.36	2	

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7	Sydney Klausler	FR Saint Mary's	26.88	26.55	2
8	Delaney McLoone	SO St. Thomas	27.57	26.90	1 26.895
9	Lily Schlieman	JR Macalester	27.00	26.90	2 26.896
10	Madison Brown	SO St. Benedict	27.62	27.37	4
11	Zahra Banks	SO Concordia-Moorhead	27.53	27.38	1
12	Alica Schurrer	FR Saint Mary's	27.37	27.40	1
13	Karissa Gregory	SO St. Thomas	28.02	27.60	1
14	Grace Scott	FR Bethel (Minn.)	27.80	27.88	3
15	Liliana Olson	FR Hamline	27.85	27.90	2
16	Lauren Santl	SR Concordia-Moorhead	28.21	28.36	3
17	Erin Teichroew	SO Gustavus Adolphus	28.22	28.37	2
18	Karley DeKnikker	SO Gustavus Adolphus	28.25	28.50	1
19	Lauren Conradi	FR Bethel (Minn.)	28.07	28.61	4
20	Kelby Olson-Rodel	SO Bethel (Minn.)	28.42	28.67	3
21	Samantha Mellin	JR St. Thomas	28.32	28.70	4
22	Grace Zdechlik	FR St. Benedict	28.76	29.11	2

Women 400 Meter Dash

=====					
MIAC Record: # 56.80 2017 Alexa Feeney, Carleton					
Name	Year	School	Seed	Finals	H#
=====					
1	Delia Labatt	JR Bethel (Minn.)	58.23	58.05	3
2	Johanna Glaaser	JR St. Olaf	58.60	58.06	3
3	Hannah Sankey	SO Bethel (Minn.)	58.53	58.41	3
4	Matilda McFerson	JR St. Thomas	1:00.51	59.20	2
5	AddieKay Johnson	SR Bethel (Minn.)	59.68	59.23	2
6	Mallory Adamson	SR St. Thomas	59.50	59.57	3
7	Lily Schlieman	JR Macalester	1:01.08	1:00.80	2
8	Kelly Klingelhutz	SO St. Benedict	1:01.14	1:00.90	2
9	Paige Cater	SO St. Thomas	1:02.74	1:01.43	1
10	Anna Smith	JR St. Thomas	1:01.17	1:02.35	1
11	Taylor Finnes	FR Bethel (Minn.)	1:03.80	1:03.28	3
12	Megan Hill	JR Gustavus Adolphus	1:03.78	1:03.72	1
13	Laura Mitch	FR St. Benedict	1:03.72	1:04.11	1
14	Karley DeKnikker	SO Gustavus Adolphus	1:06.07	1:04.95	1
15	Sara Wegner	JR Bethel (Minn.)	1:04.58	1:05.51	2
16	Lauren Conradi	FR Bethel (Minn.)	1:04.40	1:05.75	2
17	Cathryn Kuhn	FR St. Benedict	1:04.30	1:05.98	3
18	Sophia Kintop	FR St. Thomas	1:07.00	1:07.21	1

Women 600 Meter Run

=====					
MIAC Record: # 1:31.68 2/23/2019 Phoebe Aguiar, Macalester					
Name	Year	School	Seed	Finals	H#
=====					
1	Phoebe Aguiar	SR Macalester	1:34.38	1:31.68#	3
2	Johanna Glaaser	JR St. Olaf	1:40.06	1:35.40	3
3	Mallory Adamson	SR St. Thomas	1:38.11	1:36.10	3
4	AddieKay Johnson	SR Bethel (Minn.)	1:39.13	1:37.12	3
5	Paige Cater	SO St. Thomas	1:39.07	1:38.50	3
6	Elsa Sandeno	SR Carleton	1:39.84	1:38.54	3
7	Christine Rohlf	SR St. Thomas	1:40.46	1:41.51	2
8	Miriah Forness	JR Concordia-Moorhead	1:42.33	1:41.54	2

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9	Isabel Fredrickson	FR	Concordia-Moorhead	1:42.83	1:41.93	2
10	Amy Kropp	FR	Carleton	1:41.77	1:41.97	2
11	Kelly Klingelhutz	SO	St. Benedict	1:43.71	1:42.07	1
12	Quinn O'Connor	SO	St. Thomas	1:43.83	1:42.36	1
13	Juliette Martin	SO	St. Catherine	1:44.18	1:43.18	1
14	Samantha Manz	SR	Macalester	1:46.24	1:43.22	1
15	Morgan Dammann	JR	St. Thomas	1:43.18	1:43.73	2
16	Ashlyn Arett	FR	St. Thomas	1:45.59	1:44.64	1
17	Marie Morrier	SR	St. Catherine	1:42.81	1:47.09	2
18	Ciara Williams	SO	Macalester	1:47.78	1:50.92	1

Women 800 Meter Run

Comp# 1-3 in Alley 1; #4-5 in Alley 2; 6-7 in Alley 3

Section 2 will run at 3:40 p.m.

MIAC Record: # 2:12.67 2/22/2019 Phoebe Aguiar, Macalester

Name	Year	School	Seed	Finals	H#
1	Phoebe Aguiar	SR Macalester	2:11.24	2:12.67#	3
2	Josie Herrmann	SO Concordia-Moorhead	2:19.26	2:17.60	3
3	Helen Dolan	SO Hamline	2:21.64	2:18.78	3
4	Carly Scheuerman	SO St. Thomas	2:21.22	2:19.04	3
5	Abigail Schnabel	SR Gustavus Adolphus	2:19.86	2:19.08	3
6	Natalie Marsh	SO Carleton	2:22.93	2:20.61	2
7	Elsa Sandeno	SR Carleton	2:23.15	2:21.31	2
8	Alia Benedict	SR Macalester	2:22.61	2:21.57	3
9	Taylor Santangelo	FR St. Benedict	2:24.61	2:26.84	2
10	Maddy Kennard	SO Macalester	2:25.36	2:28.19	2
11	Ashlyn Arett	FR St. Thomas	2:36.41	2:29.75	1
12	Lily Jenssen	SO Macalester	2:32.99	2:31.42	1
13	Lydia Hatton	SR Bethel (Minn.)	2:32.96	2:31.72	2
14	Elizabeth Vought	SR Concordia-Moorhead	2:32.35	2:33.67	2
15	Lauren Pitts	FR Carleton	2:33.51	2:34.27	1
16	Olivia Thielen	JR St. Thomas	2:33.56	2:35.95	1
17	Augie Witkowski	SR St. Benedict	2:34.98	2:36.04	1
18	Colleen Vought	SR Concordia-Moorhead	2:34.67	2:36.39	1
19	Nora Doyle	FR St. Benedict	2:36.38	2:45.87	1
--	Jena Hauch	SO St. Olaf	2:21.23	DNF	3

Women 1000 Meter Run

Comp. 1-3 in Alley 1; 4-6 in Alley 2; 7-8 in Alley 3

MIAC Record: # 2:51.48 2016 Emily Gapinski, St. Thomas

Name	Year	School	Seed	Finals	H#
1	Josie Herrmann	SO Concordia-Moorhead	3:05.14	3:01.85	3
2	Helen Dolan	SO Hamline	3:04.94	3:02.00	3
3	Abigail Schnabel	SR Gustavus Adolphus	3:07.02	3:02.19	3
4	Alia Benedict	SR Macalester	3:11.08	3:02.69	1
5	Natalie Marsh	SO Carleton	3:08.20	3:04.28	2
6	Helen Schuda	JR Carleton	3:06.97	3:04.29	3
7	Carly Scheuerman	SO St. Thomas	3:05.16	3:04.56	3
8	Josie Blake	SO Gustavus Adolphus	3:05.89	3:05.84	3
9	Holly Ellingson	SR Macalester	3:08.19	3:06.57	2

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10	Haley Anderson	JR	Gustavus Adolphus	3:13.68	3:07.61	1
11	Alexandra Maddux	FR	Hamline	3:09.42	3:07.78	2
12	Anna Kroll	SO	St. Thomas	3:12.23	3:09.39	1
13	Meritt Miller	SO	Concordia-Moorhead	3:10.00	3:09.96	2
14	Maddy Kennard	SO	Macalester	3:10.89	3:10.22	2
15	Taylor Santangelo	FR	St. Benedict	3:07.66	3:10.50	2
16	Elizabeth Zimmerma	SO	Carleton	3:13.36	3:10.91	1
17	Tierney Winter	JR	Gustavus Adolphus	3:07.03	3:11.89	3
18	Grace Cole	FR	Bethel (Minn.)	3:14.28	3:12.22	1
19	Jena Hauch	SO	St. Olaf	3:04.58	3:12.47	3
20	Malakai Holloway	FR	Bethel (Minn.)	3:10.30	3:14.07	2
21	Elizabeth Vought	SR	Concordia-Moorhead	3:17.56	3:15.04	1
22	Kelly Segura	SR	Bethel (Minn.)	3:13.76	3:17.81	1
23	Emily Rugloski	FR	Concordia-Moorhead	3:18.42	3:19.76	1

Women 1 Mile Run

Waterfall Start

MIAC Record: # 4:54.44 2010 Marie Borner, Bethel

Name	Year	School	Seed	Finals	H#	
1	Tierney Winter	JR	Gustavus Adolphus	5:15.26	5:11.69	3
2	Helen Schuda	JR	Carleton	5:17.03	5:15.07	3
3	Riley McMahon	SO	St. Catherine	5:19.32	5:15.51	3
4	Sara Ness	JR	St. Thomas	5:22.27	5:16.37	3
5	Abby Goff	FR	St. Benedict	5:16.76	5:19.43	3
6	Amanda Mosborg	SO	Carleton	5:14.58	5:20.20	3
7	Haley Anderson	JR	Gustavus Adolphus	5:23.94	5:21.28	3
8	Meritt Miller	SO	Concordia-Moorhead	5:22.19	5:30.15	3
9	Grace Leslie	SO	Carleton	5:32.35	5:32.28	2
10	Grace Cole	FR	Bethel (Minn.)	5:38.03	5:34.41	2
11	Emily Rugloski	FR	Concordia-Moorhead	5:37.71	5:37.80	2
12	Brennan Drake	FR	Macalester	5:43.53	5:38.47	2
13	Estelle Timar-Wilc	FR	Macalester	5:43.38	5:38.58	2
14	Ann Sheely	SO	Augsburg	5:53.45	5:41.57	1
15	Marie Morrier	SR	St. Catherine	5:23.77	5:42.98	3
16	Julia Clark	SO	St. Catherine	5:45.22	5:44.17	2
17	Ellen Kemp	SO	St. Olaf	5:47.13	5:44.75	2
18	Caroline Johnson	FR	St. Thomas	5:48.75	5:45.72	2
19	Kyla Porter	SR	St. Benedict	5:42.98	5:46.46	2
20	Meg Thorison	JR	Bethel (Minn.)	5:50.49	5:47.92	1
21	Emma Mader	FR	Hamline	5:53.66	5:51.41	1
22	Grace Hartman	FR	Augsburg	5:56.85	5:53.17	1
23	Katie Murney	SR	St. Olaf	5:51.77	5:53.99	1
24	Laura Luttio	SR	Bethel (Minn.)	5:56.57	5:54.74	1
25	Laura Votava	SR	St. Olaf	5:53.74	5:56.26	1
26	Ingrid Harbo	SO	Concordia-Moorhead	5:59.30	5:59.81	1
27	Emily Kathman	FR	Hamline	6:00.38	6:08.59	1

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Women 3000 Meter Run

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Athletes 1-12 in 1st row. Athletes 13-15 in 2nd row.

2nd Section at 3:40 p.m.

MIAC Record: # 9:46.75 1987 Julia Kirtland, Macalester

Name	Year	School	Seed	Finals	H#
=====					
1	Amanda Mosborg	SO Carleton	10:17.14	10:19.25	2
2	Martha Hubell	JR St. Thomas	10:24.37	10:27.30	2
3	Sara Ness	JR St. Thomas	10:37.15	10:27.66	2
4	Emma Greenlee	SO Carleton	10:26.43	10:27.85	2
5	Morgan Pierce	SR St. Benedict	10:29.58	10:28.88	2
6	Madeline Dopp	SR Hamline	10:44.14	10:28.89	2
7	Riley McMahon	SO St. Catherine	10:34.38	10:30.45	2
8	Kourtney Kulseth	SO Gustavus Adolphus	10:29.57	10:31.20	2
9	Abby Goff	FR St. Benedict	10:33.05	10:34.79	2
10	Samantha Schnirrin	SR Carleton	10:26.60	10:36.77	2
11	Gabriela Passmore	JR Gustavus Adolphus	10:38.91	10:43.97	2
12	Olivia Moll	FR St. Thomas	10:43.28	10:47.30	2
13	Amber Matzoll	SR St. Thomas	10:55.73	10:49.26	1
14	Marlee Yost-Wolff	SR Macalester	10:51.12	10:50.22	1
15	Mary Naas	SR St. Olaf	10:47.84	10:50.39	1
16	Kara Andersen	JR Concordia-Moorhead	10:36.21	10:52.66	2
17	Bernadette Hayden	JR Hamline	10:45.03	10:53.90	2
18	Meredith Moore	JR St. Olaf	10:50.87	10:56.89	1
19	Berit Hudson Rasmu	JR Carleton	10:57.99	10:57.25	1
20	Molly Clarke	JR St. Thomas	10:56.83	10:57.59	1
21	Kathleen Miles	SR Hamline	10:49.96	10:58.82	1
22	Sara Miller	SO St. Thomas	10:52.30	11:01.38	1
23	Grace Leslie	SO Carleton	11:02.00	11:02.35	1
24	Sarah Anderson	JR Gustavus Adolphus	11:06.04	11:06.02	1
25	Iliana Ramon	FR Gustavus Adolphus	11:16.34	11:07.42	1
26	Tarja Nelsen	SR Concordia-Moorhead	11:01.00	11:10.00	1
27	Brianna Gruenberg	SR Concordia-Moorhead	11:00.84	11:14.25	1
28	Mackinzee Miest	FR Gustavus Adolphus	11:10.65	11:16.60	1
--	Lisa Fisher	JR St. Olaf	10:33.27	DNF	2

Women 5000 Meter Run

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Athletes 1-12 in 1st row, 13-18 in 2nd row.

MIAC Record: # 17:13.63 2011 Simone Childs-Walker, Carleton

Name	Year	School	Seed	Finals
=====				
1	Morgan Pierce	SR St. Benedict	18:10.27	17:57.89
2	Emma Greenlee	SO Carleton	18:32.84	18:01.98
3	Samantha Schnirrin	SR Carleton	18:23.88	18:04.87
4	Martha Hubell	JR St. Thomas	18:13.09	18:23.60
5	Kara Andersen	JR Concordia-Moorhead	18:54.93	18:25.59
6	Kathleen Miles	SR Hamline	19:00.84	18:28.28
7	Katie Breuckman	JR St. Thomas	19:26.18	18:48.47
8	Molly Clarke	JR St. Thomas	18:57.38	18:48.78
9	Mary Naas	SR St. Olaf	19:07.49	18:59.03
10	Sarah Nazarino	SR Carleton	18:52.73	18:59.84
11	Iliana Ramon	FR Gustavus Adolphus	19:29.86	19:04.24
12	Ellie Nelson	SO Bethel (Minn.)	19:25.81	19:05.32
13	Bernadette Hayden	JR Hamline	18:48.36	19:10.60

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14	Tarja Nelsen	SR	Concordia-Moorhead	19:21.61	19:16.05	
15	Brianna Gruenberg	SR	Concordia-Moorhead	19:27.03	19:20.53	
16	Sarah Anderson	JR	Gustavus Adolphus	19:27.30	19:28.65	
17	Jena Wachowiak	SO	St. Benedict	19:30.46	20:12.19	
--	Lisa Fisher	JR	St. Olaf	18:23.02	DQ	Inside curve

Women 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====						
MIAC Record: # 8.66 2014 Mallory Burnham, St. Thomas						
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Gabrielle Brown	SR	Hamline	8.76	8.84Q	3
2	Chelsea Smith	SO	St. Benedict	9.47	9.40Q	1
3	Corin McKinstrey	JR	Bethel (Minn.)	9.47	9.47Q	2
4	Claire Chell	FR	St. Thomas	9.25	9.46q	1
5	Mackenzie Schoustr	JR	St. Olaf	9.58	9.48q	3
6	Jenna Degen	SR	St. Benedict	9.42	9.49q	2
7	Elsie Lundquist	SO	St. Catherine	9.70	9.62q	3
8	Laura Kammer	JR	St. Olaf	9.71	9.69q	1
9	Elizabeth Peterson	SO	Hamline	9.84	9.75	2
10	Syri Williams	SO	Bethel (Minn.)	9.81	9.76	2
11	Paige Woldt	SO	St. Olaf	9.86	9.82	3
12	Nicole Lilleberg	FR	Concordia-Moorhead	10.18	9.86	2
13	Rachel Studer	SO	Gustavus Adolphus	10.02	9.87	1
14	Lori Erlandson	SR	St. Olaf	10.02	10.00	2
15	Tonya Piergies	SR	Carleton	9.86	10.03	1
16	Ashley Shimek	SO	St. Thomas	10.07	10.07	3
17	Aoife Zamacona	FR	Hamline	10.26	10.12	2
18	Megan Grimes	SR	St. Olaf	9.86	10.22	3
19	Cecelia Miller	FR	Hamline	10.06	10.23	1
20	Grace Baker	SO	St. Benedict	10.35	10.27	3
21	Kayla Ende	FR	Bethel (Minn.)	10.17	10.29	3
22	Beth Parlin	JR	Hamline	10.18	10.30	1
23	Karley DeKnikker	SO	Gustavus Adolphus	10.29	10.36	1
24	Kynzie Smedsrud	SR	Saint Mary's	10.02	10.47	2

Women 60 Meter Hurdles

=====						
MIAC Record: # 8.66 2014 Mallory Burnham, St. Thomas						
Name	Year	School	Prelims	Finals		
=====						
Finals						
1	Gabrielle Brown	SR	Hamline	8.84	8.89	
2	Chelsea Smith	SO	St. Benedict	9.40	9.28	
3	Claire Chell	FR	St. Thomas	9.46	9.34	
4	Corin McKinstrey	JR	Bethel (Minn.)	9.47	9.40	
5	Jenna Degen	SR	St. Benedict	9.49	9.64	
6	Mackenzie Schoustr	JR	St. Olaf	9.48	9.66	
7	Laura Kammer	JR	St. Olaf	9.69	9.78	
8	Elsie Lundquist	SO	St. Catherine	9.62	9.84	

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Women 4x200 Meter Relay

MIAC Record: # 1:42.50 2011 Augsburg			
Telphia, Carney, Flowers, Vrieze			
School	Seed	Finals	H#
1 St. Thomas	1:46.01	1:43.18	3
1) Claire Chell FR	2) Katelyn Marciniak SR		
3) Matilda McFerson JR	4) Anna Smith JR		
2 Bethel (Minn.)	1:44.57	1:45.88	3
1) Hannah Sankey SO	2) Grace Perrenoud FR		
3) Grace Scott FR	4) Corin McKinstrey JR		
3 Hamline	1:49.57	1:46.10	2
1) Jailyln Robinson FR	2) Gabrielle Brown SR		
3) Liliana Olson FR	4) Briana Berninghaus JR		
4 St. Olaf	1:52.15	1:47.78	1
1) Johanna Glaaser JR	2) Katie Elstad SO		
3) Ann Jansen FR	4) Makenna Ash SR		
5 Saint Mary's (Minn.)	1:50.89	1:48.29	1
1) Sydney Klausler FR	2) Alica Schurrer FR		
3) Hannah Crowe SO	4) Kynzie Smedsrud SR		
6 St. Benedict	1:52.74	1:51.31	3
1) Madison Brown SO	2) Laura Mitch FR		
3) Grace Zdechlik FR	4) Chelsea Smith SO		
7 Gustavus Adolphus	1:50.50	1:51.46	2
1) Megan Hill JR	2) Tess Olinger JR		
3) Erin Teichroew SO	4) Karley DeKnikker SO		
8 Concordia-Moorhead	1:52.31	1:51.50	2
1) Zahra Banks SO	2) Lauren Santl SR		
3) Nicole Lilleberg FR	4) Shelby Gelinske SR		
9 Carleton	1:59.81	1:54.32	1
1) Ineke Cordova FR	2) Tonya Piergies SR		
3) Keyra English FR	4) Maggy Osha SO		
10 Macalester		1:57.93	1
1) Hannah Detlaff JR	2) Addie Brooke-Pike FR		
3) Ciara Williams SO	4) Samantha Manz SR		

Women 4x400 Meter Relay

MIAC Record: # 3:56.50 2/23/2019 Bethel (Minn.), Bethel (Minn)			
H Sankey, D Labatt, C McKinstrey, A Johnson			
School	Seed	Finals	H#
1 Bethel (Minn.)	3:53.36	3:56.50#	2
1) Hannah Sankey SO	2) Delia Labatt JR		
3) Corin McKinstrey JR	4) AddieKay Johnson SR		
2 St. Thomas	4:01.41	4:00.82	2
1) Matilda McFerson JR	2) Claire Chell FR		
3) Anna Smith JR	4) Mallory Adamson SR		
3 St. Olaf	4:11.85	4:04.04	1
1) Ann Jansen FR	2) Makenna Ash SR		
3) Katie Elstad SO	4) Johanna Glaaser JR		
4 Concordia-Moorhead	4:11.48	4:07.73	2
1) Isabel Fredrickson FR	2) Carly Fornshell SO		
3) Miriah Forness JR	4) Josie Herrmann SO		
5 Macalester	4:11.63	4:09.18	2

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....Women 4x400 Meter Relay

1) Lily Schlieman JR	2) Alia Benedict SR			
3) Holly Ellingson SR	4) Phoebe Aguiar SR			
6 Gustavus Adolphus	4:08.74	4:10.26	2	
1) Sara Moen SO	2) Tierney Winter JR			
3) Megan Hill JR	4) Abigail Schnabel SR			
7 Saint Mary's (Minn.)	4:15.05	4:12.58	1	
1) Sydney Klausler FR	2) Hannah Crowe SO			
3) Kynzie Smedsrud SR	4) Alica Schurrer FR			
8 Hamline	4:13.44	4:13.41	1	
1) Briana Berninghaus JR	2) Gabrielle Brown SR			
3) Alexandra Maddux FR	4) Helen Dolan SO			
9 Carleton	4:13.91	4:13.83	1	
1) Eva Airoidi FR	2) Amy Kropp FR			
3) Natalie Marsh SO	4) Elsa Sandeno SR			
10 St. Benedict	4:16.00	4:17.34	1	
1) Chelsea Smith SO	2) Laura Mitch FR			
3) Taylor Santangelo FR	4) Kelly Klingelhutz SO			

Women Distance Medley

MIAC Record: # 12:23.37		2012	St. Olaf	
		Novacinski, Stets, Mosel, Westby		
School			Seed	Finals
=====				
1 Gustavus Adolphus				12:34.69
1) Josie Blake SO		2) Sara Moen SO		
3) Abigail Schnabel SR		4) Tierney Winter JR		
2 St. Thomas				12:47.90
1) Anna Kroll SO		2) Karissa Gregory SO		
3) Morgan Dammann JR		4) Olivia Moll FR		
3 Carleton				12:51.52
1) Elizabeth Zimmerman SO		2) Annalise Peebles JR		
3) Amy Kropp FR		4) Berit Hudson Rasmussen JR		
4 Hamline				12:55.00
1) Alexandra Maddux FR		2) Lindsay Steiger JR		
3) Helen Dolan SO		4) Madeline Dopp SR		
5 Concordia-Moorhead				12:55.52
1) Miriah Forness JR		2) Carly Fornshell SO		
3) Isabel Fredrickson FR		4) Meritt Miller SO		
6 St. Olaf				13:01.24
1) Ellen Mickelson FR		2) Ann Jansen FR		
3) Lauren Herland SR		4) Meredith Moore JR		
7 Bethel (Minn.)			13:40.68	13:05.46
1) Kelly Segura SR		2) Taylor Finnes FR		
3) Grace Cole FR		4) Malakai Holloway FR		
8 St. Catherine			13:50.84	13:09.34
1) Anya Swanson FR		2) Megan Perkins FR		
3) Juliette Martin SO		4) Riley McMahon SO		
9 St. Benedict				13:09.95
1) Johanna Merten SO		2) Kelly Klingelhutzh SO		
3) Taylor Santangelo FR		4)		
10 Macalester				13:10.02
1) Lena Stern FR		2) Samantha Manz SR		
3) Holly Ellingson SR		4) Marlee Yost-Wolff SR		

MIAC Record: # 1.72m 2017										Emma Peterson, Concordia-Mo		
Name		Year School				Seed		Finals				
1	Grace Bordson	SR St. Thomas				1.68m		1.70m		5-07.00		
	1.46 1.51 1.56 1.59 1.62	1.65 1.68 1.70 1.73										
	P P XO O XO	O O O XXX										
2	Rachel Ohde	SO Saint Mary's				1.66m		1.65m		5-05.00		
	1.46 1.51 1.56 1.59 1.62	1.65 1.68										
	P P O O XXO	O XXX										
3	Elsie Lundquist	SO St. Catherine				1.55m		J1.65m		5-05.00		
	1.46 1.51 1.56 1.59 1.62	1.65 1.68										
	O O O XO XXO	XO XXX										
4	Sidney Severson	SR St. Thomas				1.62m		1.62m		5-03.75		
	1.46 1.51 1.56 1.59 1.62	1.65										
	P O O XO O	XXX										
5	Matilda McFerson	JR St. Thomas				1.62m		1.59m		5-02.50		
	1.46 1.51 1.56 1.59 1.62											
	P O XO XO XXX											
6	Mackenzie Schoustr	JR St. Olaf				1.57m		1.56m		5-01.25		
	1.46 1.51 1.56 1.59											
	O O XO XXX											
7	Elizabeth Peterson	SO Hamline				1.58m		J1.56m		5-01.25		
	1.46 1.51 1.56 1.59											
	O XO XO XXX											
7	Erica Blackett-Tho	SO Carleton				1.58m		J1.56m		5-01.25		
	1.46 1.51 1.56 1.59											
	O XO XO XXX											
9	Halley Bocker	FR Gustavus Adolphus				1.52m		1.51m		4-11.50		
	1.46 1.51 1.56											
	O O XXX											
9	Gabby Renelt	FR Concordia-Moorhead				1.55m		1.51m		4-11.50		
	1.46 1.51 1.56											
	O O XXX											
11	Alexandra Anderson	JR Gustavus Adolphus				1.55m		J1.51m		4-11.50		
	1.46 1.51 1.56											
	O XO XXX											
11	Mariah Terhaar	JR St. Thomas				1.58m		J1.51m		4-11.50		
	1.46 1.51 1.56											
	O XO XXX											
13	Anna Grove	SO Carleton				1.57m		J1.51m		4-11.50		
	1.46 1.51 1.56											
	XXO XXO XXX											
14	Johna Radke	SR St. Catherine				1.52m		1.46m		4-09.50		
	1.46 1.51											
	XO XXX											

MIAC Record: # 3.83m 2017										London Stelten, St. Benedict	
Name	Year School					Seed	Finals				
1	Kendall Novak SR St. Thomas					3.70m	3.57m	11-08.50			
	2.67	2.82	2.97	3.12	3.27	3.37	3.47	3.57	3.67		
	P	P	P	P	O	O	O	O	XXX		
2	Mariah Terhaar JR St. Thomas					3.40m	3.47m	11-04.50			
	2.67	2.82	2.97	3.12	3.27	3.37	3.47	3.57			
	P	P	P	O	O	XXO	XXO	XXX			
3	Jordan Sifferle JR St. Thomas					3.26m	3.27m	10-08.75			
	2.67	2.82	2.97	3.12	3.27	3.37					
	P	P	XO	O	XXO	XXX					
4	Elisabeth Dalki SO St. Benedict					3.13m	3.12m	10-02.75			
	2.67	2.82	2.97	3.12	3.27						
	P	P	P	O	XXX						
5	Gabrielle Evans FR Carleton					3.05m	J3.12m	10-02.75			
	2.67	2.82	2.97	3.12	3.27						
	XO	O	O	O	XXX						
6	Mallory Butchko SR Gustavus Adolphus					3.11m	J3.12m	10-02.75			
	2.67	2.82	2.97	3.12	3.27						
	P	P	O	XO	XXX						
6	Jordan Walls SR Hamline					3.10m	J3.12m	10-02.75			
	2.67	2.82	2.97	3.12	3.27						
	P	O	O	XO	XXX						
8	Lee Stelten JR St. Benedict					3.05m	J3.12m	10-02.75			
	2.67	2.82	2.97	3.12	3.27						
	O	O	O	XXO	XXX						
8	Elizabeth Peterson SO Hamline					3.10m	J3.12m	10-02.75			
	2.67	2.82	2.97	3.12	3.27						
	P	O	O	XXO	XXX						
10	Sadie Koelz SO Bethel (Minn.)					3.25m	2.97m	9-09.00			
	2.67	2.82	2.97	3.12							
	P	P	O	XXX							
11	Tierza Engen JR Concordia-Moorhead					3.00m	J2.97m	9-09.00			
	2.67	2.82	2.97	3.12							
	O	XO	O	XXX							
12	Chelsea Schaffer SO St. Benedict					2.95m	J2.97m	9-09.00			
	2.67	2.82	2.97	3.12							
	O	O	XO	XXX							
13	Ashley Haxton FR Gustavus Adolphus					2.98m	2.82m	9-03.00			
	2.67	2.82	2.97								
	O	O	XXX								

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....Women Pole Vault

14	Doris-Klein Mor	FR Gustavus Adolphus	2.82m	J2.82m	9-03.00
	2.67 2.82 2.97				
	XO XO XXX				
15	Shanoah Harren	SO Hamline	2.82m	J2.82m	9-03.00
	2.67 2.82 2.97				
	XO XXO XXX				
16	Zoe Witham	FR St. Benedict	2.95m	2.67m	8-09.00
	2.67 2.82				
	XO XXX				
--	Madison Dorn	FR Bethel (Minn.)	2.95m	NH	
	2.67				
	XXX				
--	Olivia Hoff	FR St. Benedict	2.80m	NH	
	2.67				
	XXX				

Women Long Jump

=====									
MIAC Record: # 5.79m 2005				Kristal Grigsby, St. Thomas					
Name		Year		School		Seed	Finals		H#
=====									
1	Steph Kretlow			JR	St. Thomas		5.43m	5.72m	18-09.25 2
	5.58m	5.70m	5.48m	5.48m	5.33m	5.72m			
2	Jailyn Robinson			FR	Hamline		5.28m	5.55m	18-02.50 2
	5.07m	5.26m	5.19m	5.53m	5.55m	PASS			
3	Tori Thompson			SR	St. Catherine		5.32m	5.41m	17-09.00 2
	5.14m	5.01m	5.04m	5.41m	5.18m	5.09m			
4	Abigail Van Goethe			JR	Hamline		5.10m	5.33m	17-06.00 2
	FOUL	4.98m	5.07m	5.15m	5.33m	5.14m			
5	Grace Perrenoud			FR	Bethel (Minn.)		5.28m	5.29m	17-04.25 2
	5.26m	5.29m	FOUL	FOUL	5.20m	5.21m			
6	Sydney Klausler			FR	Saint Mary's		5.11m	5.28m	17-04.00 2
	4.87m	5.28m	FOUL	FOUL	4.64m	4.38m			
7	Jenna Degen			SR	St. Benedict		5.01m	5.20m	17-00.75 1
	4.85m	FOUL	5.09m	5.03m	5.10m	5.20m			
8	Megan Zurbay			SO	St. Thomas		5.07m	5.16m	16-11.25 1
	4.98m	5.07m	5.16m	5.04m	5.10m	5.16m			
9	Elsie Lundquist			SO	St. Catherine		4.94m	5.12m	16-09.75 2
	5.12m	5.06m	4.90m	4.75m	FOUL	4.77m			
10	Mackenzie Schoustr			JR	St. Olaf		5.16m	5.07m	16-07.75 1
	4.90m	5.06m	5.07m	5.03m	4.83m	PASS			
10	Ann Jansen			FR	St. Olaf		5.06m	5.07m	16-07.75 1
	4.87m	4.66m	5.07m	4.91m	4.68m	4.85m			
12	Reilee Schepper			FR	St. Catherine		4.92m	4.98m	16-04.25 2
	4.98m	4.93m	4.92m						
13	Sally Paul			SO	Bethel (Minn.)		4.90m	4.87m	15-11.75 1
	4.87m	FOUL	4.83m						
14	Tonya Piergies			SR	Carleton		4.89m	4.82m	15-09.75 1
	4.80m	4.82m	4.75m						
15	Hayli Marquette			SR	St. Olaf		4.91m	4.81m	15-09.50 1
	4.81m	FOUL	4.32m						
16	Claire Bode			FR	Bethel (Minn.)		4.69m	4.76m	15-07.50 1
	FOUL	4.67m	4.76m						

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....Women Long Jump

17	Taylor Quandt	SR St. Thomas	4.87m	4.69m	15-04.75	2
	4.62m 4.69m FOUL					
18	Rachel Studer	SO Gustavus Adolphus	4.74m	4.49m	14-08.75	1
	FOUL 4.49m 4.38m					
19	DeAnna Giles	SO Gustavus Adolphus	4.63m	4.43m	14-06.50	1
	FOUL 3.16m 4.43m					
20	Jordan Terry	FR Augsburg	4.66m	4.34m	14-03.00	2
	4.22m 4.21m 4.34m					

Women Triple Jump

=====						
MIAC Record: # 11.83m 2017 Emma Peterson, Concordia-Mo						
Name	Year	School	Seed	Finals		H#
=====						
1	Elsie Lundquist	SO St. Catherine	11.07m	11.21m	36-09.50	1
	10.70m 10.87m 11.04m					
2	Grace Perrenoud	FR Bethel (Minn.)	10.68m	10.88m	35-08.50	2
	10.86m 10.88m 10.55m					
3	Abigail Van Goethe	JR Hamline	10.87m	10.84m	35-06.75	2
	10.66m 10.40m 10.58m					
4	DeAnna Giles	SO Gustavus Adolphus	10.74m	10.78m	35-04.50	2
	10.20m 10.22m 10.35m					
5	Paige Woldt	SO St. Olaf	10.99m	10.74m	35-03.00	2
	10.52m 10.46m 10.50m					
6	Taylor Quandt	SR St. Thomas	10.60m	10.70m	35-01.25	1
	10.31m 10.52m FOUL					
7	Reilee Schepper	FR St. Catherine	10.60m	10.65m	34-11.25	2
	10.35m FOUL 10.33m					
8	Sally Paul	SO Bethel (Minn.)	10.43m	10.60m	34-09.50	1
	9.97m 10.12m 10.51m					
9	Shelby Gelinske	SR Concordia-Moorhead	10.02m	10.42m	34-02.25	2
	10.04m 10.12m 10.42m					
10	Megan Zurbay	SO St. Thomas	10.48m	10.35m	33-11.50	1
	10.35m 10.09m 10.19m					
11	Corrie Ethen	SO Concordia-Moorhead	10.19m	10.20m	33-05.75	1
	9.99m FOUL 10.20m					
12	Sarah Bruess	SR St. Thomas	10.43m	10.14m	33-03.25	2
	FOUL 10.14m 10.10m					
13	Steph Kretlow	JR St. Thomas	10.12m	10.10m	33-01.75	1
	9.62m 10.10m 10.08m					
14	Stephanie Pickthor	FR St. Benedict	10.28m	10.09m	33-01.25	1
	9.74m FOUL 10.09m					
15	Hannah Nelson	SO Bethel (Minn.)	10.00m	9.81m	32-02.25	2
	FOUL 9.81m 9.25m					
16	Kierra Carter	FR St. Olaf	9.41m	9.65m	31-08.00	1
	FOUL 9.65m FOUL					
17	Aoife Zamacona	FR Hamline	9.40m	9.64m	31-07.50	2
	9.52m 9.52m 9.64m					
18	Jordan Sifferle	JR St. Thomas	10.35m	9.62m	31-06.75	2
	9.62m FOUL FOUL					
19	Mellissa Clarke	JR Hamline	9.60m	9.19m	30-02.00	1
	FOUL 9.19m 8.88m					
20	Madison Dorn	FR Bethel (Minn.)	9.91m	9.18m	30-01.50	1
	9.18m FOUL 8.76m					

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....Women Weight Throw

3	Megan Gehrke	FR St. Thomas	14.98m	15.03m	49-03.75	2
	14.43m FOUL 14.94m 14.48m 15.03m FOUL					
4	Bailey Van Den Heu	SR Gustavus Adolphus	14.64m	14.61m	47-11.25	2
	14.61m 13.77m 14.45m FOUL FOUL FOUL					
5	Berit Borstad	SO St. Thomas	14.60m	14.13m	46-04.25	2
	13.53m FOUL FOUL 13.82m 14.13m 13.68m					
6	Kelsey Rajewsky	JR Concordia-Moorhead	13.75m	14.11m	46-03.50	2
	FOUL 13.13m 13.31m 13.29m FOUL 14.11m					
7	Kaylea Hoenigschmi	SR St. Catherine	13.52m	13.27m	43-06.50	2
	13.27m FOUL 12.75m FOUL 12.42m FOUL					
8	Lauren Wagner	SO Bethel (Minn.)	12.79m	13.25m	43-05.75	1
	13.25m 12.50m 12.86m 12.52m 12.27m FOUL					
9	Alexandra Kolstad	FR Hamline	12.60m	13.21m	43-04.25	1
	13.21m 13.06m FOUL 12.55m 12.49m 12.87m					
10	Emma Klaustermeier	FR Bethel (Minn.)	12.55m	13.16m	43-02.25	1
	FOUL 13.16m 12.50m					
11	Claire Baker	SR St. Benedict	14.21m	13.09m	42-11.50	2
	12.71m 13.01m 13.09m					
12	Sarah Gigstad	JR St. Benedict	12.41m	12.76m	41-10.50	1
	12.76m 12.51m 12.66m					
13	Kenna Bannister	SO Augsburg	13.74m	12.69m	41-07.75	2
	FOUL 12.18m 12.69m					
14	Cayle Hovland	FR Concordia-Moorhead	13.12m	12.63m	41-05.25	2
	12.34m 12.63m 11.98m					
15	Eli Walter	JR St. Benedict	11.64m	12.23m	40-01.50	1
	10.78m 12.23m 11.61m					
16	Haley Anderson	SR St. Benedict	12.91m	12.11m	39-08.75	1
	11.65m 11.71m 12.11m					
17	Alex Jagler	FR St. Thomas	13.07m	11.97m	39-03.25	1
	11.89m 11.13m 11.97m					
18	Maggie Beckmann	FR St. Benedict	11.60m	11.70m	38-04.75	1
	FOUL 11.70m 11.70m					
19	Jacey Schlosser	FR Concordia-Moorhead	12.48m	11.67m	38-03.50	1
	11.06m FOUL 11.67m					
20	Sofia Palme	SO Concordia-Moorhead	11.67m	9.98m	32-09.00	1
	9.87m 9.98m FOUL					

Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

=====				
800m. Run will be seeded according to point totals after LJ				
MIAC Record: # 2:28.16 2/21/2019 Carly Fornshell, Concordia-Mo				
Name	Year	School	Finals	Points
=====				
1	Carly Fornshell	SO Concordia-Moorhead	2:28.16#	716
2	Jordan Sifferle	JR St. Thomas	2:29.13	704
3	Mackenzie Schoustr	JR St. Olaf	2:29.70	697
4	Jenna Degen	SR St. Benedict	2:32.20	666
5	Syri Williams	SO Bethel (Minn.)	2:34.54	637
6	Eve Farrell	FR Carleton	2:35.79	622
7	Tonya Piergies	SR Carleton	2:37.36	604
8	Katie Jobe	SO Concordia-Moorhead	2:41.26	558
9	Stephanie Pickthor	FR St. Benedict	2:43.06	538
10	Mariah Terhaar	JR St. Thomas	2:43.62	532
11	Muna Abraham	FR Hamline	2:45.25	514

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....Indoor Pentathlon: #5 Women 800 Meter Run Indoor Pentathlon

12	Megan Grimes	SR St. Olaf	2:46.19	504
13	Emily Bohlig	JR St. Olaf	2:47.87	486
14	Jenna Stilwell	SR Concordia-Moorhead	2:49.50	469
15	Anna Grove	SO Carleton	3:02.29	344
16	Rachel Studer	SO Gustavus Adolphus	3:03.43	334
17	Taylor Thompson	SO Gustavus Adolphus	3:08.52	290

Indoor Pentathlon: #1 Women 60 Meter Hurdles Indoor Pentathlon

MIAC Record: # 9.31 2/21/2019 Jenna Degen, St. Benedict

Name	Year	School	Finals	H#	Points
1	Mackenzie Schoustr	JR St. Olaf	9.31#	6	846 9.304
2	Jenna Degen	SR St. Benedict	9.31#	6	846 9.305
3	Jordan Sifferle	JR St. Thomas	9.76	5	758
4	Tonya Piergies	SR Carleton	9.81	5	748 9.802
5	Megan Grimes	SR St. Olaf	9.81	5	748 9.809
6	Rachel Studer	SO Gustavus Adolphus	9.88	4	735
7	Syri Williams	SO Bethel (Minn.)	9.90	6	731
8	Emily Bohlig	JR St. Olaf	9.92	2	727
9	Stephanie Pickthor	FR St. Benedict	9.94	4	723
10	Jenna Stilwell	SR Concordia-Moorhead	10.00	2	712
11	Carly Fornshell	SO Concordia-Moorhead	10.17	3	681
12	Katie Jobe	SO Concordia-Moorhead	10.27	3	662
13	Mariah Terhaar	JR St. Thomas	10.30	3	657
14	Anna Grove	SO Carleton	10.43	4	634
15	Taylor Thompson	SO Gustavus Adolphus	10.64	2	597
16	Muna Abraham	FR Hamline	10.85	1	561
17	Eve Farrell	FR Carleton	11.75	1	420

Indoor Pentathlon: #2 Women High Jump Indoor Pentathlon

MIAC Record: # 1.63m 2/21/2019 Mackenzie Schoustra, St. Olaf

Name	Year	School	Finals	Points
1	Mackenzie Schoustr	JR St. Olaf	1.63m#	5-04.25 771
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60 1.63 1.66			
	P P P P P P O O O XO XO O O XXX			
2	Jenna Degen	SR St. Benedict	1.57m	5-01.75 701
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57 1.60			
	P P P P P P P O O O XO XXX			
3	Emily Bohlig	JR St. Olaf	1.54m	5-00.50 666
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57			
	P P P P P P O O O O XXX			
3	Mariah Terhaar	JR St. Thomas	1.54m	5-00.50 666
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54 1.57			
	P P P P P O P O O XO XXX			
5	Tonya Piergies	SR Carleton	1.51m	4-11.50 632
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51 1.54			
	P O P O O XO XXO O XXO XXX			
6	Eve Farrell	FR Carleton	1.48m	4-10.25 599
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48 1.51			
	P P P O P O O O XXX			

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7	Anna Grove	SO Carleton	1.45m	4-09.00	566
	1.27 1.30 1.33 1.36 1.39 1.42 1.45 1.48				
	P P P O P O O XXX				
8	Katie Jobe	SO Concordia-Moorhead	1.42m	4-07.75	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45				
	P P P O O XXO XXX				
8	Jenna Stilwell	SR Concordia-Moorhead	1.42m	4-07.75	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45				
	P P O O O O XXX				
8	Taylor Thompson	SO Gustavus Adolphus	1.42m	4-07.75	534
	1.27 1.30 1.33 1.36 1.39 1.42 1.45				
	P P O O XO O XXX				
11	Stephanie Pickthor	FR St. Benedict	1.39m	4-06.75	502
	1.27 1.30 1.33 1.36 1.39 1.42				
	P O O O XXO XXX				
11	Megan Grimes	SR St. Olaf	1.39m	4-06.75	502
	1.27 1.30 1.33 1.36 1.39 1.42				
	P P O O XXO XXX				
13	Muna Abraham	FR Hamline	1.36m	4-05.50	470
	1.27 1.30 1.33 1.36 1.39				
	O P O XO XXX				
13	Rachel Studer	SO Gustavus Adolphus	1.36m	4-05.50	470
	1.27 1.30 1.33 1.36 1.39				
	P P XO XO XXX				
13	Carly Fornshell	SO Concordia-Moorhead	1.36m	4-05.50	470
	1.27 1.30 1.33 1.36 1.39				
	P O XO O XXX				
16	Syri Williams	SO Bethel (Minn.)	1.33m	4-04.25	439
	1.27 1.30 1.33 1.36				
	O O O XXX				
16	Jordan Sifferle	JR St. Thomas	1.33m	4-04.25	439
	1.27 1.30 1.33 1.36				
	O O O XXX				

Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

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MIAC Record: # 5.04m 2/21/2019 Mackenzie Schoustra, St. Olaf					
Name	Year	School	Finals		Points
=====					
1	Mackenzie Schoustr	JR St. Olaf	5.04m#	16-06.50	570
	4.87m 4.92m 5.04m				
2	Jenna Degen	SR St. Benedict	5.03m	16-06.00	567
	5.00m 5.03m FOUL				
3	Tonya Piergies	SR Carleton	4.95m	16-03.00	546
	4.95m 4.90m 4.93m				
4	Syri Williams	SO Bethel (Minn.)	4.78m	15-08.25	500
	4.78m 4.77m FOUL				
5	Emily Bohlig	JR St. Olaf	4.77m	15-07.75	498
	FOUL 4.77m 4.73m				
6	Jordan Sifferle	JR St. Thomas	4.72m	15-06.00	485
	4.72m FOUL 4.45m				
6	Rachel Studer	SO Gustavus Adolphus	4.72m	15-06.00	485
	4.64m 4.57m 4.72m				

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....Indoor Pentathlon: #4 Women Long Jump Indoor Pentathlon

8	Megan Grimes	SR St. Olaf	4.70m	15-05.00	479
	FOUL 4.49m 4.70m				
9	Katie Jobe	SO Concordia-Moorhead	4.66m	15-03.50	469
	4.66m 4.40m 4.53m				
10	Carly Fornshell	SO Concordia-Moorhead	4.64m	15-02.75	464
	4.34m 4.20m 4.64m				
11	Jenna Stilwell	SR Concordia-Moorhead	4.49m	14-08.75	426
	4.45m 4.47m 4.49m				
11	Taylor Thompson	SO Gustavus Adolphus	4.49m	14-08.75	426
	FOUL 4.49m 4.48m				
13	Mariah Terhaar	JR St. Thomas	4.37m	14-04.00	396
	4.37m 4.26m 4.27m				
14	Stephanie Pickthor	FR St. Benedict	4.19m	13-09.00	352
	4.19m 3.90m FOUL				
15	Anna Grove	SO Carleton	4.07m	13-04.25	324
	FOUL 3.99m 4.07m				
16	Eve Farrell	FR Carleton	4.03m	13-02.75	315
	3.58m 4.03m 3.70m				
17	Muna Abraham	FR Hamline	3.82m	12-06.50	267
	FOUL FOUL 3.82m				

Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

MIAC Record: # 10.49m 2/21/2019 Megan Grimes, St. Olaf

Name	Year School	Finals	Points
1 Megan Grimes	SR St. Olaf	10.49m# 34-05.00	562
	9.75m 10.39m 10.49m		
2 Jenna Stilwell	SR Concordia-Moorhead	10.45m 34-03.50	559
	10.45m 9.67m 9.58m		
3 Jenna Degen	SR St. Benedict	10.25m 33-07.50	546
	10.25m 9.47m 10.18m		
4 Mackenzie Schoustr	JR St. Olaf	10.17m 33-04.50	541
	10.17m 9.88m 10.14m		
5 Emily Bohlig	JR St. Olaf	9.63m 31-07.25	505
	9.09m 9.46m 9.63m		
6 Syri Williams	SO Bethel (Minn.)	9.55m 31-04.00	500
	8.14m 9.55m 9.38m		
7 Anna Grove	SO Carleton	9.48m 31-01.25	495
	9.45m FOUL 9.48m		
8 Katie Jobe	SO Concordia-Moorhead	9.46m 31-00.50	494
	9.46m 8.44m 8.55m		
9 Carly Fornshell	SO Concordia-Moorhead	9.33m 30-07.50	486
	7.77m 8.71m 9.33m		
10 Jordan Sifferle	JR St. Thomas	8.92m 29-03.25	459
	8.29m FOUL 8.92m		
11 Stephanie Pickthor	FR St. Benedict	8.81m 28-11.00	452
	8.81m 7.67m 7.61m		
12 Tonya Piergies	SR Carleton	8.70m 28-06.50	445
	8.70m 8.63m FOUL		
13 Eve Farrell	FR Carleton	8.35m 27-04.75	422
	8.21m 8.35m 7.89m		
14 Muna Abraham	FR Hamline	8.11m 26-07.25	406
	8.11m 7.98m 7.61m		

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....Indoor Pentathlon: #3 Women Shot Put Indoor Pentathlon

15	Taylor Thompson	SO Gustavus Adolphus	7.49m	24-07.00	366
	7.39m 7.49m 7.21m				
16	Mariah Terhaar	JR St. Thomas	7.44m	24-05.00	363
	7.00m FOUL 7.44m				
17	Rachel Studer	SO Gustavus Adolphus	6.73m	22-01.00	318
	6.73m 6.09m 5.96m				

Women Indoor Pentathlon

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MIAC Record: # 3914 2014 Amelia Campbell, Carleton					
Name	Year	School	Seed	Finals	H#
=====					
1	Mackenzie Schoustr	JR St. Olaf		3425	
2	Jenna Degen	SR St. Benedict		3326	
3	Tonya Piergies	SR Carleton		2975	
4	Emily Bohlig	JR St. Olaf		2882	
5	Jordan Sifferle	JR St. Thomas		2845	
6	Carly Fornshell	SO Concordia-Moorhead		2817	
7	Syri Williams	SO Bethel (Minn.)		2807	
8	Megan Grimes	SR St. Olaf		2795	
9	Katie Jobe	SO Concordia-Moorhead		2717	
10	Jenna Stilwell	SR Concordia-Moorhead		2700	
11	Mariah Terhaar	JR St. Thomas		2614	
12	Stephanie Pickthor	FR St. Benedict		2567	
13	Eve Farrell	FR Carleton		2378	
14	Anna Grove	SO Carleton		2363	
15	Rachel Studer	SO Gustavus Adolphus		2342	
16	Muna Abraham	FR Hamline		2218	
17	Taylor Thompson	SO Gustavus Adolphus		2213	

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Women - Team Rankings - 20 Events Scored

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1) St. Thomas	198	2) Hamline	113.50
3) Carleton	72.50	4) Bethel (Minn.)	71
5) Gustavus Adolphus	59.50	6) St. Olaf	58
7) Concordia-Moorhead	56	8) St. Benedict	51.50
9) St. Catherine	36	10) Macalester	32
11) Saint Mary's (Minn.)	19	12) Augsburg	13